

# CHOOSE US

for your next  
**FORGE**  
Fatherhood  
grant



Helping Kids & Communities  
One Dad at a Time



## ABOUT GOOD DADS

Good Dads is a leading father-focused nonprofit with a mission to inspire, resource and encourage all fathers to be more involved in the lives of their children. It serves at-risk fathers through **Good Dads 2.0**, a 16-week evidence based curriculum that explores a variety of important dad skills, such as stress and anger management, role models, conflict resolution, child development milestones and more.

## SAMPLE RATIONALE

- **Good Dads 2.0** was developed in 2021 by Good Dads staff, including a licensed clinical psychologist and marriage and family therapist, filling a need for a father-focused program that catered to a diverse group of dads, step-dads and father-figures whose children span from newborns to adulthood.
- The curriculum employs an extended home-building/construction analogy that is relatable and practical for blue-collar fathers.
- The evidence-based course has served dads from diverse backgrounds and is applicable in a variety of settings, including rural, semi-urban and urban areas.
- The course is easy to use in a variety of class sizes and includes alternate activities for groups with varying needs.
- **Good Dads 2.0** is effective for all fathers but was especially designed for at-risk dads who may have histories of incarceration and/or addiction.

## THE IMPACT YOU'LL MAKE

Two Missouri State University emeriti professors formally assessed the **Good Dads 2.0** course in 2022. They found participants experienced positive outcomes, including the benefit of accepting fatherhood to their children, increased awareness of how fathers influence their children. Participants further reported an increased awareness of parenting skills and healthy communication strategies.

## Costs

- **Good Dads 2.0** facilitators are required to attend a three-day training hosted by Good Dads before they can lead classes. Attend training at the Good Dads headquarters in Springfield, MO, or choose to bring Good Dads staff to your location, for an additional cost.
- Good Dads staff is here to answer questions and offer tailored technical assistance under the program's costs.
- **Sustainability:** The Good Dads model is proven effective even without grant funding.



For prices and purchasing options, please visit our website at **gooddads.com/good-dads-2-0**

For more information,  
reach out to Good Dads:

(417) 501-8867  
info@gooddads.com