



## HOW DOES THE PROGRAM WORK?

Good Dads aims to serve ALL fathers, regardless of their income or background. Our new program, Good Dads Forge, is suitable for ANY father or father-figure.

### ENROLLMENT

The number and kinds of services a father receives depends on his needs. When you enroll in the program, you'll work together with a case manager to create an *Individualized Service Plan* based on your specific goals.



### LET THE LEARNING BEGIN!

After enrollment, you'll join one of our classes with a small group of other fathers. Most participants start with *Good Dads 2.0 Core*, our evidence-based fatherhood skills class. Then, you'll be ready for *Within My Reach*, a leading course about healthy relationships. You'll also attend several economic stability electives.

Along the way, you'll receive individualized case management services from the Good Dads team, with regular check-ins to review progress towards your goals and to answer your questions.



### GRADUATION

Once you've met all the class requirements (earning attendance incentives along the way) you'll be eligible to graduate from the program and invited to celebrate your achievements at formal graduation ceremony!



"Helping Kids & Communities  
One Dad at a Time"

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### TIME TO GET STARTED:



Enroll now at  
[gooddads.com/forge](https://gooddads.com/forge)

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Be the **hero**  
of your own story.



*Good Dads Forge* is an all-encompassing program for dads. Participants learn a variety of skills to live happy, healthy lives with our three-pronged approach:

- 1 Co-Parenting Skills
- 2 Healthy Couple Relationships
- 3 Economic Stability & Financial Literacy



## WHAT YOU'LL LEARN

*Good Dads Forge* participants receive a minimum 25 hours of instruction in responsible fatherhood, healthy relationships, and economic stability.

- Understanding the importance of father engagement to children's wellbeing
- Child behavior and development
- Communication and conflict resolution
- Co-parenting skills
- Positive bonding among partners
- Setting limits and discipline
- Healthy expression and regulation
- Realistic expectations for committed relationships
- Healthy relationships and commitment
- Employment, resume building and interview skills
- Family budgeting, credit and savings

## WHO IS THE PROGRAM FOR?

*Good Dads Forge* is free for any dad or father-figure, regardless of his income. It is designed to fit the needs of any biological father, expectant father, adoptive father, foster father, grandfather, etc.

To qualify, you must...

- Be at least 18 years old
- Be actively engaged in raising a minor child OR actively involved in the life of a young adult up to age 24 who is the child of a partner or relative.
- Live in one of the 87 Missouri counties indicated on the map below.

